



## At the Window

By Heather Buck

Carcanet Press Ltd. Paperback. Book Condition: new. BRAND NEW, At the Window, Heather Buck, "At the Window" is Heather Buck's first full-length collection of poems, many of which have appeared in magazines over the past ten years. A clear personal voice speaks from these poems, which recount an inward journey through pain, loss, fear and the shadow of age towards rebirth and a quickening of love and spirit. With strong simplicity of style and language, the poet charts threatening areas of insecurity - in nature, the collective past, the unconscious and in relationships. The longing for security, however, is seen as illusory: 'I see that nothing tethers,' she writes: 'Only a certain twist in the mind / Clings to a false dimension.' From the acceptance of the inevitability of disorder and instability springs the discovery of a deeper security, a knowledge which has its roots in myth and legend. The closing Biblical sequence of poems about Tobias is a remarkable synthesis of prayer and affirmation, sensuous in its evocation of the loving and the loved.



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