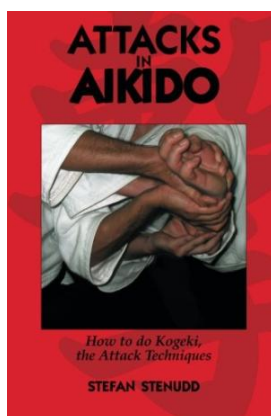


Get eBook

## ATTACKS IN AIKIDO: HOW TO DO KOGEKI, THE ATTACK TECHNIQUES



BookSurge Publishing. Paperback. Book Condition: New. Paperback. 190 pages. Dimensions: 7.9in. x 5.3in. x 0.6in. For the first time: an aikido book that focuses on the attack techniques! Although aikido is a purely defensive martial art, attack techniques need to be practiced in order for the training partners to exercise the proper defense against them. And for the aikido skills to increase, the attacking skills must improve accordingly. This book presents all the attacks, kogeki, practiced in aikido - grips as...

### Read PDF Attacks in Aikido: How to Do Kogeki, the Attack Techniques

- Authored by Stefan Stenudd
- Released at -



Filesize: 3.85 MB

### Reviews

*An exceptional ebook and also the typeface applied was intriguing to read through. I have got read and i also am sure that i am going to likely to go through yet again once more in the foreseeable future. I discovered this pdf from my dad and i advised this ebook to find out.*

-- **Dr. Raven Ledner**

*This book is worth acquiring. It is really basic but surprises from the 50 % from the book. Its been printed in an exceedingly straightforward way in fact it is simply soon after i finished reading through this book where really modified me, affect the way i believe.*

-- **Sandra Stroman**

*It becomes an incredible book that we actually have possibly study. It really is rally exciting through studying period of time. I am very easily could get a satisfaction of reading through a written book.*

-- **Gianni Hoppe**