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KEEP ON RUNNING: THE HIGHS AND LOWS OF A MARATHON ADDICT



Summersdale Publishers. Paperback. Book Condition: new. BRAND NEW, Keep on Running: The Highs and Lows of a Marathon Addict, Phil Hewitt, Marathons make you miserable, but they also give you the most unlikely and the most indescribable pleasures. It's a world that I love - a world unlocked when you dress up in lycra, put plasters on your nipples and run 26.2 miles in the company of upwards of 30,000 complete strangers. Phil Hewitt, who has completed over 25 marathons...

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