



The Baby Sleep Solution: Practical and Proven Methods for Getting Your Child to Nap and Sleep Through the Night (Paperback)

By Meredith McDow

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. The Baby Sleep Solution All you want is to get a good night's sleep and this book has some great solutions for pretty much every situation I've seen. I highly recommend it. - Jeffrey You're exhausted. You haven't slept in what feels like years. Your new baby is crying constantly. Your husband just backed over the mailbox on the way to work because he's so weary from lack of rest. You've tried everything and nothing is working. Does this sound like you? Are you so tired you don't know whether you're coming or going? You love your new baby, but why won't she sleep at least a few continuous hours at night? Even napping in the afternoon is a fitful challenge. Rest assured, there is a way. There is help. The Baby Sleep Solution will help you get your child to nap AND sleep through the night using practical and proven methods I'm actually the least likely person to be writing a book like this as I'm not...

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